

Garden Youth Project

Information Sheet

Who we are

We are a partnership project between CARAS (Community Action for Refugee and Asylum Seekers) and TTT (Transition Town Tooting) at Tooting Community Garden, 5 North Drive.

What we do

We offer a Support Group for young refugees and asylum seekers who are struggling with mental health or isolation, every **Wednesday 4-6pm** at the Community Garden. We do activities like gardening, nature games, carpentry and art. We love hot cocoa and toasting marshmallows too!

Meet the team:



Tilly is Youth Coordinator at CARAS.



Nikki is an artist and community facilitator for TTT.



Egle is Head of Youth Services at CARAS.



Dermot is a maker and community facilitator for TTT.

This project and Covid-19

As a vital Support Group for vulnerable young people, this project continues to run throughout lockdown in compliance with NYA guidance. Being outdoors, this project is much safer than an indoor group, but we also provide sanitiser and masks, and observe social distancing. For more information visit <https://nya.org.uk/guidance/>

Contact us: egle@caras.org.uk / 07377977016



TRANSITION TOWN TOOTING



You might like to know...

One of our next activities is to redo the front flower bed at 5 North Drive. We will choose plants that encourage bees and butterflies, and are easy to maintain. We hope you will enjoy the new flower bed too!

